

Preparation For Colonoscopy (Call 201-866-2400 for any questions)

You have been scheduled for a Colonoscopy examination on _____

At _____. At ACE or Christ Hospital or Hudson Regional. It is urgent that the entire large intestine be properly cleansed to ensure a proper examination. If not, it is possible that polyps or some cancer may be missed.

1. DO NOT take Aspirin (Ecotrin, Bayer, Bufferin, Excedrin, Alleve, Mortin, Ibuprofen, Advil or similar arthritis medication) for _____ days prior to the test.
You must stop Plavix, Coumadin, Xarelto _____ for _____ days well.
2. You may only have CLEAR LIQUIDS for the entire day prior to your examination. This includes soup broth (no noodles or veggies), Jello (no red or purple). You can have black coffee, black tea, sorbet or ice, juice, clear soda, Gatorade (not red or purple) but NO MILK OR SOLID FOOD!!!
3. At _____ pm take 3 Dulcolax tablets by mouth with water.
4. After Dulcolax or _____ pm, begin drinking Gavilyte. Drink one glass every 10-15 mins until finished or bowels have become clear yellow watery liquid (At least 2-3 liters must be taken for proper results).
5. You may have nothing to eat or drink after midnight prior to your test.
6. You should take your regular blood pressure or heart pill on the morning of your test with a small sip of water only. DO NOT take diabetic pills the morning of your test or the night before your test to avoid low blood sugar.
7. Be sure to have someone available to go home with you as this is required by the law following anesthesia (even if being picked up by taxi service)

Supplies to buy or picked up by pharmacy
Gavilyte Prescription/Package of Dulcolax Tablets